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Your essential daily news | MONDAY, FEBRUARY 8, 2016

High -4°C/Low -5°C Lots of snow  

The Haligonian competes on the balance beam at the Canada Games Centre on Sunday.
JEFF HARPER/METRO

SILVER LINING

Ellie Black lands multiple medals before hometown fans at gymnastics nationals

metroSPORTS



PRELIMINARY INQUIRY

Murder case back in court



Zane Woodford
Metro | Halifax

A Halifax man accused of killing a fellow Dalhousie student last year is expected back in court on Monday for the first day of his preliminary hearing.

William Sandeson, 23, is accused of first-degree murder in the killing of Taylor Samson, 22, in August.

The preliminary inquiry — where a judge will decide if there is enough evidence against Sandeson to proceed to trial — was extended last month from six days to eight days, scheduled to play out over the next two weeks. There will be a publication ban on all evidence presented.

Sandeson applied for bail in Nova Scotia Supreme Court in October and was denied.

He was charged on Aug. 20, four days after Samson was reported missing.

Samson's body has never been found.



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Actor portrayals.



Baggage handlers terminated

SWISSPORT CANADA

Three workers 'admitted' to going through airport luggage



Yvette d'Entremont
Metro | Halifax

The company that hired three baggage handlers charged with going through luggage

at the Halifax airport has terminated their employment.

They have also suspended a fourth employee until the RCMP investigation is complete.

A spokesman for Swissport Canada confirmed to Metro Halifax that the RCMP contacted the company on Jan. 29 regarding a Jan. 27 video allegedly showing three Swissport employees going through luggage at the Halifax airport.

"As the respective employ-

ees were off work, Swissport confronted them with the above past Monday, with their union shop steward present," Swissport spokesman Kurt Rossi said in an email on Friday.

"The employees admitted to the facts. Their contracts with Swissport were terminated on

the spot and their RAIC (Restricted Access Identity Card) was removed by the airport authorities."

Rossi said a fourth person is still under investigation for the same incident. That person's RAIC pass was revoked and that person will remain on suspension by Swissport

until the RCMP investigation is complete.

"Please be assured that Swissport takes this very seriously and will further cooperate with the authorities," Rossi said.

Last week, police arrested three men for allegedly going through checked luggage at the airport. Security staff at the airport spotted the incident via the airport's extensive network of security cameras and contacted RCMP.

Two 23-year-old men, one

+ IDENTITIES

Police have not released the names of the accused, who are to appear in court at a later date.

from Stewiacke and another from Dutch Settlement, along with a 19-year-old Halifax man are facing theft charges. The 23-year-old Stewiacke man is also facing charges of possession of stolen property.

Swissport takes this very seriously and will further cooperate with the authorities.
Spokesman Kurt Rossi



Interim Conservative leader Rona Ambrose ADRIAN WYLD/THE CANADIAN PRESS FILE

POLITICS

Tories will work hard to win Atlantic support: Ambrose

Interim Conservative leader Rona Ambrose says her party will be working closely with its provincial counterparts to rebuild support in Liberal-dominated Atlantic Canada.

Speaking at the annual general meeting of the Nova Scotia Tories in Halifax on Saturday, Ambrose said a lot of work must be done to earn back the trust of voters after the Liberals swept the region in October's election.

Ambrose said it's an opportunity to form a unique partnership with the Tory leaders in Nova Scotia, Prince Edward Island, New Brunswick and Newfoundland and Labrador.

"At the end of the day, Atlantic Canadians need to know that I care about their issues. They need to know that the Conservative members of Parliament, whether they are Atlantic Can-

adians or not, they care about Atlantic Canada," said Ambrose after delivering a speech at a hotel in the city's downtown.

"I think we have to learn from our mistakes and look forward and rebuild and that's exactly what we started to do this week-

"I think we have to learn from our mistakes and look forward and rebuild."

Rona Ambrose

end by reaching out to leaders of the Conservative movement."

Ambrose said she met with all four leaders on Saturday, something she says hasn't happened

in two decades.

"It was really wonderful to sit down with the leaders of the four Atlantic Canadian provinces and listen to them about what the issues are on the ground so that I know what they are," said Ambrose, adding that a range of topics were discussed, such as job creation.

"We talked about working together. They have such great insight into what's happening here in Atlantic Canada and so we're going to work together to make sure that we represent Atlantic Canadian issues in Ottawa."

Nova Scotia Tory Leader Jamie Baillie, whose party has 10 of 51 seats in the legislature, said working with his federal counterpart "is the most constructive thing we can do."

THE CANADIAN PRESS

INVESTIGATION

Parking enforcers charged in alleged scheme



Haley Ryan
Metro | Halifax

Three men face charges after Halifax Regional Police looked into the submission of invalid parking tickets in 2014 and 2015.

On Oct. 26, the general investigation section began an investigation after a representative from municipal compliance reported an issue with multiple invalid parking tickets

on Oct. 20.

The tickets had been submitted by the municipality's parking enforcement service, a police release on Friday said.

Investigators found that three employees of the service provider were responsible for submitting about 2,200 parking tickets with fabricated or invalid licence plates between April 28, 2014 and Oct. 23, 2015.

The tickets were not placed on vehicles, and only apply to out-of-province/out-of-country plates, police said.

There is no evidence to suggest the matter involved any Nova Scotia plates.

A 22-year-old Dartmouth man and a 21-year-old Eastern Passage man were arrested on Tuesday without incident. Another 22-year-old Cole Harbour man was arrested without incident Wednesday.

All three were released on a promise to appear in Halifax provincial court on March 15; they each face charges of breach of trust by a public officer and uttering a forged document.



A Halifax parking meter
JEFF HARPER/METRO

DARTMOUTH

Knife-wielding man attempts to rob store

Police say a man armed with a knife tried to rob a Dartmouth convenience store on Saturday.

The robbery attempt happened at 4:50 p.m. at JeBailey's Market at 187 Windmill Rd.

According to Halifax Regional Police, the man entered the store and demanded money, but eventually fled the scene empty-handed. No one was injured.

+ REPORT A LEAD

Anyone with information is asked to contact police or Crime Stoppers.

The suspect is described as five feet seven inches and about 25. He had a green scarf over his face and was wearing a brown hoodie with a gold 'E' on the front, and a hat. METRO



WILDLIFE UP CLOSE AND PERSONAL Halifax Exhibition Centre was hosting an exotic animal and reptile show over the weekend. Little Ray's Reptile Zoo teamed up with Hands On Exotics for the Diversity of Living Things event. On Saturday, staff showed off some of the roughly 30 animals that were on display to the public. REBECCA DINGWELL/FOR METRO



Big storm to hit Halifax

WEATHER

Snow, high winds expected through the night: Expert



Zane Woodford
Metro | Halifax

Get your shovels ready.

There's a storm coming for Nova Scotia, and it's bringing with it blowing snow, reduced visibility, and problems for not one, but two commutes in Halifax Regional Municipality.

Environment Canada meteorologist Barrie MacKinnon said Sunday "one of the bigger storms so far this year" would start in the mid-afternoon on

Monday, and it wouldn't stop till mid-morning Tuesday.

MacKinnon said the storm, intensifying and tracking south of the province Monday afternoon would bring 25 to 35 centimetres of snow for all of mainland Nova Scotia, and it could bring even more snow for Cape Breton.

Paired with some "pretty substantial winds," MacKinnon said that the storm would have an impact on the drive home on Monday.

"It's just picking up by mid-afternoon, so by the commute, we'll likely see about five to eight centimetres down by then, and the winds starting to pick up," he said.

"So it will be likely starting to get a bit messy by then, I'd say."

Those winds, MacKinnon said, would sustain at 40 to 50

WARNING

On Sunday afternoon, Environment Canada had issued a blizzard warning for all of Halifax.

kilometres per hour, and gust to as much as 80 kilometres per hour, causing reduced visibility.

Those conditions are expected to continue through the night.

By morning the snow will have tapered off slightly, but could still affect road conditions during the morning commute.

"I think there's still going to be some moderate snow happening for the (morning) commute, and then later in the morning, that should ease off," MacKinnon said.

"We haven't had too many



Snowblowers should be out in full force after the storm ends, as 25 to 35 centimetres have been forecasted to fall. METRO FILE

storms this year, but this one is probably up there on the ones we've had for the year."

But Tuesday afternoon,

MacKinnon said there would just be some lingering flurries as crews work to clean up from the storm.

CRIME

Police arrest two boys

A high-risk takedown was needed in the arrest two young boys allegedly in possession of a loaded handgun.

Halifax Regional Police say at 4:15 p.m. Sunday, officers were called about a vehicle near the BMO Centre in Bedford. It was believed those inside had a gun.

According to police, the vehicle in question was located later on Joseph Howe Drive in Halifax, and the high-risk takedown was performed.

Two boys were taken into custody, the release stated, and a loaded handgun and marijuana were seized. The young offenders, whose ages were not disclosed, are now facing unspecified charges and will be in court on Monday. PHILIP CROUCHER/METRO

REPORT

Fuel leak still costing municipality money decades later

A fuel leak at a school more than 20 years ago continues to cost the municipality.

The leak happened at the Clarence A. Beckett School on Fenerty Road off the St. Margaret's Bay Road in 1993.

According to a staff report

before the municipality's audit and finance committee this coming Friday, the Halifax Regional School Board attempted to clean up the spill at the time.

But in 2006, further investigation indicated that the site was still contaminated.

In November 2015, the site was finally remediated, but workers ran into issues with heavier than expected rainfall, large boulders, and weak foundations of homes in the area.

That meant it took longer than expected to remediate

the contaminated soil.

All contaminated soil was removed, but crews still have to restore the affected area, including fixing yards, fences and decks.

Because of those issues, the project is going to cost about 22 per cent more than origin-

ally budgeted — an increase of \$130,000.

The municipality is only the hook for 10 per cent of that increase though, with the school board footing the remaining 90 per cent of the bill.

ZANE WOODFORD/METRO

\$700K

The amount that will have been spent — about \$70,000 of that from HRM.

SAINT MARY'S

Indigenous Student Centre now open

A Saint Mary's University student has expressed hope that a new Indigenous Student Centre makes the difference between classmates dropping out or feeling accepted on campus.

The new Indigenous Student Centre, Room 114 in the Burke Building, was officially opened last week as a place where students could meet, attend cultural events and find support.

"It's great that it's finally a thing," said fourth-year sociology student Elora Gehue on Friday. Gehue is president of Saint Mary's Aboriginal Society.

"It's been like a constant battle with getting people to actually listen to our side of the story."

By creating the centre, a small room Gehue said is a good first "step taken," Saint Mary's fulfilled a recommendation from the President's Task Force on Aboriginal Students that began under former president Colin Dodds.



Elora Gehue of Saint Mary's
YVETTE D'ENTREMONT/METRO

Gehue said it's often an uncomfortable transition for many indigenous students who come to Saint Mary's after growing up on a reserve.

"Without the ability to gather and connect with others that have the same kind of experience as you do — it was something that needed to happen,"

Gehue said.

Numbers of indigenous students have dropped "substantially" without that connection, Gehue said, with roughly 90 being enrolled last school year. Dr. Val Marie Johnson said the most current count is about 50 students, and it's not infrequent for people to drop between terms.

Many people start, think it's going to be okay, then different mental stresses like anxiety occur and they're not comfortable; they're scared and end up failing, Gehue said.

Finding other indigenous students when you arrive at Saint Mary's has also been difficult, Gehue said, especially if you're from outside of Nova Scotia, but now the centre can "post signs and invite people to come take part together."

Johnson, a sociology and criminology professor, said Friday she's been involved in advocating for the centre with Gehue, volunteered with the Truth and Reconciliation Commission, and educates her students on colonialism in Canada.

Johnson said the 2014 murder of Inuk Saint Mary's student Loretta Saunders "starkly highlighted the fact that we needed to be paying much more attention to the lived experience of indigenous students on campus."

The space is a "work in progress" since the students are deciding what to name it, how to decorate and get furniture moved in, Johnson said, but it's a place where they can have privacy, meet with elders or faculty, and just relax.

"It tells them they have a home on this campus," Johnson said. **HALEY RYAN/METRO**



An identifying sign at the main campus on University Avenue. **METRO HALIFAX**

Student union shocked by tuition-hike proposal

DALHOUSIE UNIVERSITY

Some programs could go up by 28 per cent, over three years



Haley Ryan
Metro | Halifax

Students at Dalhousie University say it's "shocking" to see tuition fees proposed to go up as high as 28 per cent for some in the coming years.

Representatives of the Dalhousie Student Union (DSU) say they were outraged to see school's budget advisory committee release a report recommending a raise for certain programs, a three-per-cent tuition hike for all students, and funding

cuts to faculties.

Agriculture students at Truro's campus would see the biggest jump, with fees proposed to increase by 6.3 per cent for three years (plus the annual fee hike for all students), totalling 28 per cent (or \$1,782), a release issued last week by the student union said.

"It's pretty shocking. Those are the largest fee hikes we're seen probably since the early '90s," John Hutton, vice president academic and external of the DSU said in an interview Friday.

"It's pretty extreme." Tuition will also increase by five per cent for three years in undergrad engineering and pharmacy, which adds up to 24 per cent — or \$1,906 and \$2,009, respectively — the release said.

In April 2013 a multi-year fee increase was approved for medicine and dentistry, so with the overall hike, fees for medicine

+ OPPOSE HIKE

Rally on Tuesday

The Dalhousie Student Union is hosting a rally to oppose the hikes at Dalhousie's board of governors meeting Tuesday, starting at 2 p.m. at the Student Union Building.

will go up five per cent and dentistry will see nine per cent.

Although Hutton said the university has been talking about tuition resets in agriculture, pharmacy and engineering since June, they didn't know the numbers until Thursday but were "expecting something ugly."

The report is also suggesting a 2.5 per cent (\$7.1 million) reduction to faculties and service units in order to balance the budget,

and the use of \$1.5 million in reserve funds.

"The actual funds toward hiring quality faculty, toward lab equipment, toward everything that's needed ... is going to be reduced," Hutton said. "Students are paying more and getting less."

Only masters of occupational therapy and physiotherapy programs will remain at the 2006-07 levels, the report said.

In 2015, the Liberal government approved a one-time market adjustment that allowed universities to raise tuition fees without a cap.

Schools like NSCAD University, Mount Saint Vincent University, Saint Mary's University, and the University of King's College have all proposed fee hikes.

The final fees will be voted on, along with the full budget, at a board of governors meeting in April.

NEW WATERFORD

Man jumps from 2nd floor to escape fire

An apartment building fire in Nova Scotia early Saturday morning forced a 57-year-old man to jump from his second-floor unit, sustaining non-life threatening injuries when several people helped break his fall.

The man's niece said he suffered smoke inhalation and likely broken ribs. He also had cuts to his head, she said.

The fire at the 11-unit building, known as Plummer Avenue Place in New Waterford, broke out at about 5 a.m.

All tenants were able to escape with only the clothes on their back. Neighbours in surrounding homes came to their aid, setting up a makeshift shelter from the cold wind and snow at the nearby Tim Hortons restaurant.

Several fire departments

including the New Waterford volunteer fire department responded to the blaze.

A number of homes in the vicinity had to be evacuated due to the radiant heat and smoke coming from the apartment building. **TC MEDIA**

+ ASSISTANCE

Red Cross provides help to tenants affected by fire

The Canadian Red Cross assisted 11 tenants, including one child, on the scene. They were taken to the Salvation Army in New Waterford, where they were given blankets and toiletry items to clean up.

NEW GLASGOW

Human skull found in old school still a mystery

A human skull, discovered by crews demolishing a New Glasgow, N.S., high school, remains a mystery. The skull was found by construction workers inside the former Temperance Street School last July 30. The century-old school is being converted into apartments.

New Glasgow Regional Police said Friday it has been determined it does not belong to any missing persons in that part of Nova Scotia, and investigators have sent the DNA profile to other forces nationwide for a possible match elsewhere. Investigators did confirm the skull was not being used for educational purposes at the school.

THE CANADIAN PRESS

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Yvette d'Entremont
Metro | Halifax

Passionate, dedicated, hard-working and a natural leader.

Those are words used to describe 22-year-old Haley Myatt.

The third-year public relations student at Mount Saint Vincent University enthusiastically suggested a number of her peers be recognized as Halifax Heroes. She was overwhelmed to learn the university had also nominated her.

"I won't lie. I had to sit down and say to myself 'What did I do?' I just do it (volunteer) because I love doing it," Myatt said.

In addition to serving as vice president of student life for the university's student union, Myatt has been on the student's representative council, helped establish the Friendship Project, and is a member of its Recreation Society and Business and Tourism Society.

She's a Right to Play and an IWK children's telethon volunteer and helps with the Mount's annual fundraising initiatives for various community organizations. The list goes on.

"She's one of those people that even to her own detriment sometimes will put herself out there on the front lines to make sure that she's being a part of something and helping move something forward," said Kenney Fitzpatrick, general manager of Mount Saint Vincent University's student union.



Haley Myatt is a non-stop giver within her own university community and beyond, including volunteering for Free the Children. JEFF HARPER/METRO

Sometimes you just need that one person to say 'You can do this and I believe in you' and I like being that person for people.

Haley Myatt

"She can be a little self sacrificing sometimes. When it comes to her involvement here, she jumps in with both feet and just starts swimming."

Myatt's volunteerism dates back years. In high school she became a passionate support-

er of Free the Children. Last May, she travelled to Kenya with that organization to help build a surgical wing to provide more advanced care to pregnant women. She is now fundraising for a similar trip to India.

"It changed my perspective

and I learned a lot about myself and my passions," she said.

One of those passions is helping others find their voice and recognize their own potential to change the world using their own talents.

"I find when my peers are inspired and they have that support system then they shine and do so many amazing things," Myatt said, her eyes beaming.

Fitzpatrick agreed, explaining that Myatt has an ability to inspire everyone around her.

"Especially for our quieter students I think that in a student like Haley it's almost like they see a kindred spirit. I think she invites them in to see that world and then suddenly the world does open," said Fitzpatrick.

"I think there are a number of students who have gotten involved and who are now thinking on a much larger scale because they have had conversations with her and because they have seen how excited she is about everything she does."

HALIFAX HEROES

Every Monday, we will profile an unsung volunteer hero in our community as part of Halifax Heroes.

To nominate someone, email Metro Halifax's managing editor at philip.croucher@metronews.ca, or tweet @metrohalifax using the hashtag #HalifaxHeroes.

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JIAN GHOMESHI

'Digital debris' proves critical in trials

The unearthing of 13-year-old emails in an attempt to discredit a woman accusing Jian Ghomeshi of sexual assault underscores the growing importance of "digital debris" in criminal and civil trials, experts say.

Lawyers and technology experts say the Internet has allowed for extensive records to be kept of one's movements and comments unlike anything in the past, but most people still don't consider the potential

permanence of their words when firing off a message.

The amount of electronic data, records and documents introduced in trials can be "overwhelming," said David Fraser, an Internet and privacy lawyer.

"There's also a tendency for people to put in email messages things that would be relatively casual," he said.

"Picking up the phone wouldn't have created a record, but as soon as (the recipient has)



Jian Ghomeshi
THE CANADIAN PRESS

an email message and they're not inclined to delete it, all of a sudden you have a record."

Defence lawyer Marie Henein has grilled two female complainants on their correspondence with Ghomeshi after the alleged assaults. A third has yet to testify.

An entire industry called e-discovery or digital forensics has sprung up to assist lawyers in cases where deeper online digging is needed. THE CANADIAN PRESS



The Caldwell family. **Evan (far left) and Jordan (far right)**, their sister Katie and parents Shauna and Jason. CONTRIBUTED

Twins die on bobsled track

CALGARY

Brothers were known for jokes, stunts



Jeremy Simes
For Metro | Calgary

Jordan and Evan Caldwell were inseparable.

You couldn't miss the red-haired twins — they did everything together, always full of jokes and laughter, according to classmate Kira Nelson.

The Caldwell twins of Calgary died after they and six other boys smacked into a gate while using their personal toboggan after-hours on the bobsled track at Canada Olympic Park early Saturday morning.

"They were the only guys ... who could think of a stunt so stupid. And that's why everyone loved them," Nelson said.

"They came up with these dumb ideas, and made it out safe. This time it didn't work out."

Their deaths have shocked friends, family, and their school

and church communities.

Liliane da Silveira remembers the boys when they were young and said they were easygoing and obedient. "They were all about sports," she said. "They were very good kids."

"I was extremely in shock when I heard the news."

Da Silveira's son, Vinny, went to school with Jordan, who was president of student council at Westmount Charter School.

"There was something about him," said Vinny, who's in Grade 9. "He just had the confidence to go out and speak. I wouldn't be surprised if a lot of people admired him, like 'I want to be like Jordan one day.'"

Both boys were heavily involved in their schools, receiving high grades, starting clubs and mentoring younger kids. They were also Hill Ambassadors at the Canada Olympic Park during the last winter season.

"Everyone who remotely knew them is absolutely devastated they passed," Nelson said. "But there's some comfort in knowing they died together — I don't think one could live without the other."

Action Plan for Education Update

To ensure today's students are better prepared to lead productive lives in our ever-changing world, the government introduced Nova Scotia's Action Plan for Education one year ago. When the Action Plan was introduced, we promised to be accountable for results and to provide annual updates on our progress in the classroom. Today, the Year One update is available to share with all Nova Scotians.

Accomplishments as of January, 2016

Pillar One: A Modern Education System.

- Worked with Auditor General to audit school boards and the department.
- Established a Centre for Learning Excellence.
- Reviewed the department for efficiencies and effectiveness.
- Implemented a multi-year plan to create smaller class sizes starting in the early grades.

Pillar Two: Innovative Curriculum.

- Streamlined curriculum for grades P to 3.
- Provided more support for students in math.
- Introduced new homework standards.
- Reduced wait times for early intervention services.
- Established more skilled trades programs.

Pillar Three: Inclusive School Environments.

- Opened more SchoolsPlus sites to provide coordinated services and programs for students and families.
- Reviewed IPPs to identify areas for an improved planning process.

Pillar Four: Excellence in Teaching and Leadership.

- Created a new model of curriculum design led by teachers.
- Initiated the development of teaching standards.

View the Nova Scotia Action Plan for Education Year One Update at novascotia.ca/education



North Korea rocket test condemned

UNITED NATIONS

UN Security Council calls meeting to discuss launch

For North Korea's propaganda machine, the long-range rocket launch Sunday carved a glorious trail of "fascinating vapour" through the clear blue sky. For South Korea's president, and other world leaders, it was a banned test of dangerous ballistic missile technology and yet another "intolerable provocation."

The UN Security Council responded at an emergency meeting Sunday by issuing a statement strongly condemning the rocket launch.

North Korea, which calls its launches part of a peaceful space program, said it had successfully put a new Earth observation satellite, the Kwangmyongsong 4,

or Shining Star 4, into orbit less than 10 minutes after liftoff. It vowed more such launches.

The launch follows North Korea's widely disputed claim last month to have tested a hydrogen bomb. Washington and its allies will consider the rocket launch a further provocation and push for more tough sanctions.

The UN Security Council held a closed-door emergency meeting at the request of the U.S. and Japan. The statement approved by all 15 council members underscored that launches using ballistic missile technology, "even if characterized as a satellite launch or space launch vehicle" contribute to North Korea's development of systems to deliver nuclear weapons.

Canadian Foreign Affairs Minister Stephane Dion issued a statement condemning the rocket launch, calling it "unwarranted, irresponsible and dangerous behaviour."

THE ASSOCIATED PRESS



TAIWAN EARTHQUAKE

Rescuing survivors

As anxious families waited nearby, rescuers on Sunday painstakingly pulled more survivors from the remains of a highrise apartment building that collapsed a day earlier in a powerful earthquake that shook southern Taiwan and killed at least 32 people.

The government in Tainan, the worst-hit city, said that more than 170 people had been rescued alive from the 17-storey

building, which folded like an accordion.

The Tainan Disaster Emergency Center estimated 118 people were still trapped at the site, many at the bottom.

Earthquakes frequently rattle Taiwan, but most are minor and cause little or no damage, though a magnitude-7.6 quake in central Taiwan in 1999 killed more than 2,300 people. THE ASSOCIATED PRESS

1 Search-and-rescue workers try to locate a victim at a collapsed building on Sunday in the southern Taiwanese city of Tainan. LAM YIK FEI/GETTY IMAGES

2 A rescue worker leaves the site of a disaster zone in Tainan. The fall of one highrise, built in 1989, raised questions about whether its construction had been shoddy. ANTHONY WALLACE/AFP/GETTY IMAGES

3 Residents line up for water as the earthquake damaged water pipes near the Wei Kuan complex in Tainan. SAM YEH/AFP/GETTY IMAGES

4 Local aid workers comfort a man at a temple across from a building destroyed in the earthquake. WALLY SANTANA/THE ASSOCIATED PRESS

EGYPT

Slain Italian student suffered 'inhuman' violence: Autopsy

A second autopsy on the body of an Italian found slain in Egypt reveals that the doctoral student suffered "inhuman, animal-like" violence, Italy's interior minister said Sunday as he pressed Egypt's president to fully co-operate with the criminal investigation.

Rome prosecutors have opened a murder investigation into the death of Giulio Regeni, whose battered corpse was found near a highway outside Cairo nine days after he was reported missing in the Egyptian capital.

Italy's ambassador, who viewed the body a few hours after Egyptian authorities told Italy about its discovery on Feb. 3, had already said the victim showed signs of a brutal beating and torture.

A second autopsy was performed late Saturday in Rome



Fiumicello's Mayor Ennio Scridel leads a candlelight procession to honour **28-year-old student Giulio Regeni** in his hometown of Fiumicello, Italy, Sunday. PAOLO GIOVANNINI/THE ASSOCIATED PRESS

after the body was flown to Italy, concluded that Regeni died after a cervical vertebra was broken, said Alessandra Ballerini, a human rights lawyer appointed by the young man's family to follow developments in the case.

Interior Minister Angelino Alfano said on a Sky TV interview show Sunday that he still hasn't gotten his breath back after learning the shocking results of the latest autopsy.

The Italian news agency ANSA, citing unidentified sources close to the Italian coroners, said the findings led to the conclusion that Regeni's neck was twisted or struck, breaking a vertebra and

leaving him unable to breathe. It said he suffered various other fractures as well.

"We had to view the results of the autopsy," Minister Alfano said, referring to Italian authorities. Regeni suffered "something inhuman, animal-like, an unacceptable violence," he said.

Alfano pressed Egyptian President Abdel Fattah el-Sissi to ensure co-operation.

"I am convinced that it is in the interest of el-Sissi to work together," Alfano said. "No one can bring Giulio back to life, but (to) bring the truth to the surface will perhaps be able to save more lives." THE ASSOCIATED PRESS

+ ANSWERS

Human rights lawyer Alessandra Ballerini said full autopsy results won't be available for a few days. Testing of tissue and fluid samples will help determine how long after Regeni's Jan. 25 disappearance he died.

THE ASSOCIATED PRESS

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U.S. state eyes Quebec power

NEW ENGLAND

Massachusetts needs clean energy to meet green goals

Tapping into Canadian hydropower is hardly a new concept in energy-starved New England. But Massachusetts Gov. Charlie Baker's proposal to authorize long-term contracts between utilities and hydropower producers is being viewed in some quarters as a potential game-changer for the region.

The move is not without doubters, and the question of how to deliver Canadian hydro on a large scale remains unanswered. Among several plans yet to secure final approval are the \$1.4 billion Northern Pass project, designed to bring 1,090 megawatts of Hydro-Quebec power through New Hampshire

into southern New England and a 1,000-megawatt transmission line beneath Lake Champlain in Vermont. A single megawatt can power up to 1,000 homes.

Without a hydropower infusion, Baker contends his state won't meet its 2020 target of reducing greenhouse gas emissions by 25 per cent from 1990 levels. Beyond that goal, the governor and other regional leaders point to a practical need to replace electricity generation that has or will soon disappear from the energy landscape.

Massachusetts, the region's most populous state, has the biggest energy appetite and typically accounts for roughly half the typical weekday demand.

If the lost power isn't replaced, Baker warns, the state and region will fall prey to an uncertain global energy market

and be forced to rely more on carbon-producing fossil fuels.

"That would be the ultimate lose-lose," he said. "Unpredictable, high-priced and less green than our current situation."

The legislation would direct electric distribution companies in co-operation with the state to solicit competitive bids for long-term deals with

“

That would be the ultimate lose-lose.

Charlie Baker on being forced to fossil fuels

hydroelectric producers. While current law permits hydropower procurement, administration officials believe it's unlikely to occur without the incentive of longer contracts.

Matthew Beaton,

Baker's secretary of energy and environmental affairs, said Connecticut and Rhode Island already authorize long-term procurement but were waiting for Massachusetts to take a similar path.

THE ASSOCIATED PRESS



ELECTRICITY NEW YORK TOWN PLANS TO GO OFF GRID Supervisor David Fleming stands on a landfill in Nassau, N.Y. The upstate New York town is planning to pull its municipal buildings off the electric grid after repeatedly finding itself without power for days during a string of storms last year. It intends to develop energy independent "microgrids" to power its six buildings with solar, wind, landfill gas and battery storage power by 2020. THE ASSOCIATED PRESS

GERMANY

Canada's Maple Bank shut

German authorities have ordered the closure of Maple Bank after it was investigated for alleged tax evasion and money laundering.

Maple Bank is part of Canada's Maple Financial Group.

The Federal Financial Supervisory Authority said Sunday that it has forbidden Maple Bank from making payments or selling assets "due to impending financial over-indebtedness." The watchdog, known as Bafin, also banned the bank from taking customer payments other than those made to repay debts. It says the bank, with assets of 5 billion euros (\$7.72 billion) and liabilities of around 2.6 billion euros (\$4.02 billion), will have to put aside funds to cover tax payments. THE ASSOCIATED PRESS

\$4.02B

Maple Bank's liabilities, according to German regulator Bafin.



Secret Sunrise dancers in Johannesburg. AFP

SOUTH AFRICA

New urban craze gets people ready for daily grind

As dawn breaks over a Johannesburg park, some 300 people dance in silence, some dressed as Batman, Spider-Man or Wonder Woman. Others are in tutus, black catsuits or animal "onesies". Many have masks and painted faces.

This is "Secret Sunrise" —

a new urban craze in which people gather outdoors in the early morning to express themselves to a soundtrack played through headphones.

Later in the day, they will toil at office desks in South Africa's economic capital, or be students attending lectures, but

for a short time they embrace a less reserved way to live.

"The point is to get people working towards something that makes the daily grind a little bit less boring," said Cheryl Hudson, who has a job in project finance when she changes out of her purple dance outfit.

"We have it in the week to try to transform the day because after an experience like this, you connect with people."

"You get to be a different version of yourself, you go forth, and you are not grumpy when you get into the office."

"It is an opportunity to go

wild, to be ridiculous," said Jamie Beron, one of the organizers of the fortnightly event, which follows similar dawn dances in London, Los Angeles, Tokyo and other cities.

The venue is revealed only the day before. Tickets cost 100 rand (about \$8.70). AFP

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ROSEMARY WESTWOOD

metroview

My past, put on trial, would make me look like an idiot, too.

The Jian Ghomeshi sexual-assault trial has become a battleground, all right. And not just inside the courtroom.

In an ongoing swarm of tweets, public onlookers have editorialized every comment broadcast from the testimony. It's a digital debate between two entrenched camps: those who are inclined to believe the women, and those who aren't; those who view the judicial process with distaste, and those who defend it. Following #Ghomeshi makes it obvious both sides made up their minds long before the trial began.

And while many pro-complainant voices have tweeted their dismay at the narrative that Marie Henein, Ghomeshi's lawyer, drew all week — of women enamoured with Ghomeshi, who continued to seek his attention after encounters that they would later claim involved assault, who were fame-hungry and opportunistic — let's not forget how those same women performed on the stand.

That is to say, remarkably well.

I might not have Lucy DeCoutere's fellatio-on-a-beer-bottle sense of humour (she sent such a photo to Ghomeshi), or the first complainant's instinct to email a man a bikini shot (though I know women who have) — but my own past, put on trial, would make me look like an idiot.

Especially — especially —

when it comes to men.

These two witnesses seemed prepared for Henein's force. The first, perhaps the more combative, appeared ready for Henein to call her a liar. At times she seemed confused, but she fought where she could to reiterate the core of her complaint.

DeCoutere, the second witness, was quick to criticize her own reaction to the alleged assault, her calm giving way to a more tense demeanour as the pressure grew. She treated Henein's most damaging evidence as consistent with her own initial narrative: The beer-bottle photo, along with some other steamy correspondence, was her way of "placating" Ghomeshi, despite what she says he did. When breaks in the questioning came, DeCoutere could still crack a smile at the court staff. She seemed candid and forthcoming, if sometimes caught off guard.

This — how these two women behaved on the stand — may not change the views of the crowds of observers, hungrily consuming the play-by-play on Twitter.

And nothing could dissuade Marie Henein — hunter of all closet skeletons — from her efforts to shred the witnesses' credibility.

Judge William Horkins, however, will be the ultimate arbiter. And there's a chance he will be swayed by what he's seen in the witness box.

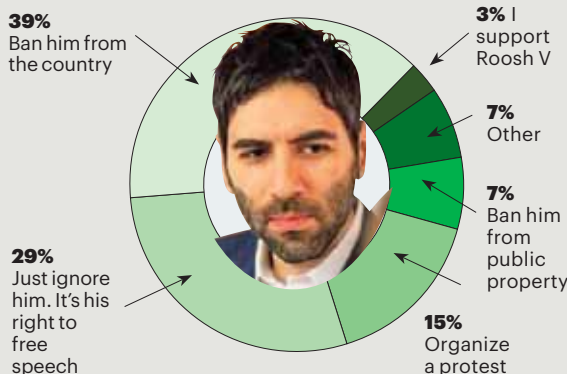
Metro POLL

Roosh the Rude

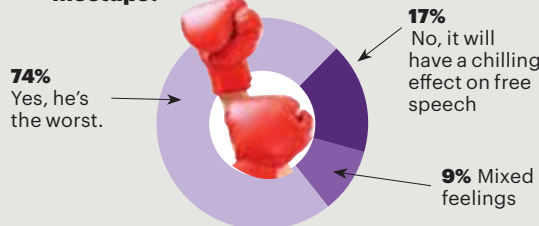
Visit metronews.ca to have your say.

Daryush Valizadeh, a.k.a. Roosh V, is known for advocating that rape be legalized on private property, musing about how unfortunately difficult it would be to take the vote back from women, and publishing charming blog posts such as "5 Reasons to Date A Girl With An Eating Disorder" (they're "rarely fat" and "eager to please"). His planned, and since cancelled, meetups across Canada were met with opposition from feminists and leaders at all levels of government. We asked our readers what should be done about Roosh spreading his vile views, especially those that may not quite rise to the level of hate speech. Should we avoid giving the Rooshes of the world attention? Or crack down?

1 What was the best way to respond to Roosh V's planned meetups in Canadian cities?



2 Are you happy Roosh V cancelled his Canadian meetups?



3 What kinds of public speech should be restricted by law?

22% Incitement to violence
17% White supremacy/racism
16% Sexism/misogyny
15% Homophobia
15% Dangerous misinformation (i.e. quack cancer cures)
10% Nothing but very narrow exceptions (i.e. threats, slander).
3% Nothing! I'm a free-speech absolutist
2% Other

Banning sexism, homophobia and white supremacy won't end those systems.

Everyone is entitled to freedom of speech. But when it's about something so illegal and scary, there should be consequences.

Raise money for anti-violence programming for every man who shows up at the meetups.

WE ASKED Metro readers

Let's talk about drug coverage for everyone

HALIFAX MATTERS

Stephen Kimber



Since we've been talking about seniors' pharmacare, perhaps it's time to change the modifier and resume a long-standing conversation about universal pharmacare.

Canada is the only industrialized country in the world that boasts a universal health care program but offers no parallel national

We're hobbled by a patchwork of public and private purchasing schemes, so we can't take advantage of national bulk buying.

scheme so those who need prescription medications can actually get them.

The reality is that most of those who aren't seniors or covered by private health care plans — minimum wage employees, seasonal workers, the ever increasing numbers of contract hires in the exponentially expanding freelance economy — don't have a drug plan at all.

And, as we've discovered during the ongoing debate over changes to seniors' pharmacare in Nova Scotia the past couple of weeks, even many of those who are supposedly covered also find themselves unable to foot the extra costs for co-pays, premiums and other deductibles, and therefore go without prescribed medications.

The best estimate is that one in 10 Canadians cannot afford the prescription medications they need.

Ironically, Canada and its

provincial and territorial governments pay more for prescription drugs than most other western countries.

That's because, despite best efforts by some provinces, we're still hobbled by a patchwork of public and private purchasing schemes, so we can't take advantage of national bulk buying or force pharmaceutical companies to bid for our business.

In 2014, provincial and territorial governments spent \$10.4 billion on prescription medications.

The reality, according to the Canadian Medical Association Journal, is that a Canada-wide, no-deductible prescription drug benefit program financed through personal income taxes would save rather than cost taxpayers, reducing public and private spending on prescription drugs by 32 per cent.

We've been talking about

the need for such a program since at least the 2002 Roman report on the future of health care. Unfortunately, that discussion got pushed off the front burner, the stove and out of the kitchen during the Harper years.

Although the Liberal platform simply said it would make prescription drugs "more affordable," Justin Trudeau's new Liberal government is committed to meeting with the provinces to discuss a new Canada Health Accord.

A national pharmacare program should be part of that discussion.

Is our premier prepared to be part of this discussion?

Stephen Kimber is a professor of journalism at the University of King's College in Halifax and an award-winning writer, editor and broadcaster. Halifax matters runs every Monday.

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Love and positivity on stage

HALFTIME SHOW

Star-spangled lineup fires up the crowd

SUPER BOWL

And the crowd goes wild for Coldplay, Bruno Mars, and Queen B!

British rock band Coldplay headlined the Super Bowl 50 halftime show Sunday night at Levi's Stadium in Santa Clara, Calif.

The group kicked the show off with a nostalgic performance of their hit

song Viva la Vida.

Spectators responded with screams as Coldplay continued with another hit from the past, Paradise.

The band followed up with Adventure of a Lifetime, off their new album.

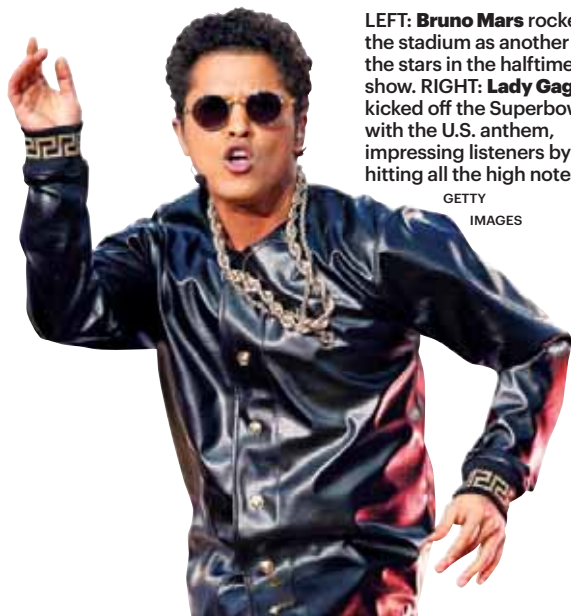
Soon after, Bruno Mars popped on stage and turned the funk up with hit song Uptown Funk along with Mark Ronson, who was pretending to DJ.

Beyoncé brought her fierce self next and performed her newly released single Formation, which took the Internet by storm soon after its release on Saturday.

TORSTAR NEWS SERVICE



Beyoncé joined Chris Martin of Coldplay in headlining the Super Bowl 50 Halftime Show Levi's Stadium in Santa Clara, Calif. GETTY



LEFT: Bruno Mars rocked the stadium as another of the stars in the halftime show. RIGHT: Lady Gaga kicked off the Superbowl with the U.S. anthem, impressing listeners by hitting all the high notes.

GETTY IMAGES



TELEVISION

Big advertisers gamble on upbeat messaging

Forty-plus advertisers — including newcomers like Amazon and stalwarts like Anheuser-Busch — have taken a \$5 million gamble for a 30-second chance to wow viewers.

Instead of slapstick-focused ads or racy messages this year, advertisers are trying to break out with empowering and even

heartfelt messages.

Pokemon urges kids to "Train on," Michelob Ultra tells exercisers to "Breathe" and SunTrust urges people to let go of financial stress.

"The Super Bowl ad party is growing up," said Kelly O'Keefe, a Virginia Commonwealth University marketing professor.

"We're telling stories in different ways. The story-

telling is better than ever."

In an effort to grab early buzz, almost three dozen advertisers released their ads online ahead of the game this year.

YouTube says brands that release their ads on YouTube before the game receive an average of 2.2 times more views than those that wait until game day to post an ad.

THE ASSOCIATED PRESS

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- 6 Flo Rida My House
- 5 Selena Gomez Hands To Myself
- 4 Twenty One Pilots Stressed Out
- 3 Belly ft The Weeknd Might Not
- 2 The Chainsmokers ft Rozes Roses
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The queen bee

FULL FRONTAL

Samantha Bee is taking on the late night TV boys club

For all the talk of how she's the only woman in the crowded late-night field, Samantha Bee sure has balls.

The long-time Daily Show correspondent's new series Full Frontal With Samantha Bee premieres Monday at 10:30 p.m. on the Comedy Network. If the prelaunch sketches posted on YouTube are any indication, Bee plans to shake up the boys club.

"I am female as f—," Bee declares in an edgy teaser for her new weekly series. The bit shows Bee in a gallery filled with portraits of late-night males Jimmy Fallon, Jimmy Kimmel, James Corden, Seth Meyers, John Oliver, David Letterman, even Carson Daly. A waiter offers her a large plate of meaty hors d'oeuvres. "You know what?" says Bee. "I think I'm kinda done with sausages."

It's no accident that the show



Samantha Bee CONTRIBUTED

is called Full Frontal. Bee plans to pull down plenty of pants on her series and make a lot of people uncomfortable.

The religious right is going to hate her. One of her promo clips showed fake footage of Republican presidential candidate Ted Cruz blasting pandas out of trees with a shotgun. Video of fellow candidate Marco Rubio praising Jesus at a GOP event prompted Bee to jump up and down proclaiming, "Yay, Jesus! Oh, he's so lucky he didn't live to see this debate."

If Fox News finds Stephen Col-

bert too partisan, they're going to freak over Full Frontal.

The Canadian-born comedian downplayed her killer Bee approach during the recent Television Critics Association press tour in Pasadena, Calif. Bee admitted to reporters that she sometimes held back during her record-setting 12-year tenure as a Daily Show contributor.

There were times when "I would have gone more deeply into a subject than others wanted to," she said, "and we'll have the opportunity to do that at Full Frontal."

She's pretaped one far-afield element already: a trip to Jordan.

"We are going to do a cultural orientation for Americans in order to better receive the Syrian refugees who are coming to this country," she says, pointing out, "They have to do an American cultural orientation in Jordan in order to be resettled."

While her series has trained journalists on staff, Bee says the focus will always be on the funny.

"We want to take stories that we don't think receive enough attention and stab them with the hot poker of comedy," she says.

TORSTAR NEWS SERVICE

JOHANNA SCHNELLER WHAT I'M WATCHING

When you can't swear on network TV



Timothy Hutton and Hope Davis are a married couple at odds in American Crime. CONTRIBUTED

THE SHOW: American Crime, Season Two, Episode Four (ABC)
THE MOMENT: The Black Screens

Steph (Hope Davis) and her husband Dan (Timothy Hutton) are arguing.

She wants him to quit his job — basketball coach at hoity-toity Leyland Academy in Indianapolis, Ind. — because the headmistress, Leslie (Felicity Huffman), is a snake. (Leslie asked Steph

to encourage Dan to advise his players to lie about a sexual assault.) He doesn't want to quit.

The fight escalates. "What the f— do you want, do you want me to stand here and spew sh— so you can feel better about yourself?" Dan shouts. Interestingly, every time he says a starred word, for a nanosecond the sound drops out and the screen goes blank.

The most vital TV series right now deal with race, money or

sex. American Crime weaves all three into a fascinating, infuriating tangle, set smack in America's heartland. The assault victim is a lower-class boy whom no one takes seriously. One of the accused is an upper-class kid whose parents (Regina King and Andre Benjamin) believe he's mistrusted because he's black. Leslie — Lady Macbeth in the principal's chair — calmly purrs sentences like, "We only have three black families that pay full tuition."

There's one thing that separates American Crime from cable shows, and it's not complexity of ideas. It's language: You still can't swear on ABC. Hence the blank screens. (Jarring at first, you quickly get used to them.)

American Crime is set in a ruthlessly competitive world. The broadcaster that airs it is trying to keep up, too.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

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Facility extends support to veterans and families

The Halifax & Region Military Family Resource Centre (H&R MFRC) has launched the Veteran Family Program (VFP), in partnership with Veterans Affairs Canada (VAC) and Canadian Forces Morale and Welfare Services (CFMWS).

The H&R MFRC is one of seven locations chosen for this four-year pilot project. The primary goal of the VFP is to assist medically released veterans and their families to prepare effectively for, and transition to, civilian life. Eligible veterans are those medically released between Nov. 30, 2014 and Oct. 31, 2017. Veterans and their families, who previously would not have had access to the MFRC upon release, will now have continued access for two years from the date of the veteran's release.

"Our mission is to strengthen the well-being of all those who share the unique experience of military life," said Colleen Calvert, executive director of the H&R MFRC. "Transitions are tough. The VFP allows us to greatly extend our reach and provide continued service to medically-released vets and their families through this challenging time."

Services consist of community integration, transition support, intervention support, em-



CONTRIBUTED

ployment and education, personal growth and development, second language programming, child and youth workshops and access to a 24/7 family information line.

The VFP has an open door and no formal referral is necessary.

For more information, contact the H&R MFRC at 902-427-7788 or visit halifaxmfrc.ca.



Content Solutions



Yes, you can be too frugal



LESLEY-ANNE SCORGIE

metromoney

THE CHALLENGE:

Metro's finance guru Lesley-Anne Scorgie is on a mission to transform the finances of two young women; Annick, who is heavily indebted, and Yolanda, who is on a mission to save a down payment. Each week, they take action to improve their financial fitness. Join the conversation #MetroMoneyMakeover @LesleyScorgie

THIS WEEK: Yolanda, a 27-year-old web communications specialist, is a super-saver. But, her ultra-frugal behaviour is leading to two undesirable outcomes. First, Yolanda's friends are getting annoyed because they think she's a cheapskate. Second, she's blowing her savings because she's depriving herself of regular intervals of fun like meals out and the occasional new pair of shoes.

NEXT WEEK: Annick learns how to take advantage of free money through her employer's RRSP program while kicking her debt in the butt.

LESLEY-ANNE SCORGIE IS A BESTSELLING AUTHOR AND FOUNDER OF NEVEST, A MONEY COACHING SERVICE FOR CANADIANS. FOLLOW HER @LESLEYSCORGIE



Yolanda, 27, Mississauga

MONTHLY SURPLUS
\$ 435

To kick her binge-savings habit, Yolanda has to master her cash flow so that she will still be able to spend money on her favourite things. LIZ BEDDALL/METRO CANADA

THE STORY

I've helped many people get their finances into shape but Yolanda is by far the most frugal person I've met... even more than myself. In fact, she even asked our Metro photographer to pay her \$3 bus fare for the photo shoot for this series.

That's nothing. Yolanda coupons her way through the weekly grocery specials, surfs the Internet on free Wi-Fi, grinds retailers for discounts and trades her friend dates at restaurants and bars for homemade tea and a stroll.

Minding her dollars and cents keeps her debt free and affords Yolanda the opportunity to save between \$500 to \$700 per month, all in an effort to build up a \$25,000 down payment on a home within the next three years.

THE LESSON

As some Twitter followers have pointed out, Yolanda should be saving more given her ultra-frugal spending, low cost of living and \$42,000 annual salary.

I thought the exact same thing until I discovered Yolanda has a bad habit of saving like a demon and then blowing her savings in one fell swoop on travel and her cute pooch. We are going to kick her binge savings habit to the curb.

Yolanda has some homework to do. To control her impulse spending, she has to master her cash flow, through budgeting (a plan for her money) and monthly spending summaries (the reconciliation of her budget to what actually happened). Once she masters this exercise, I estimate she can save an additional \$250 per month toward her down payment and still spend money on her favourite things.

The other thing I worry about is that Yolanda is irritating her friends and family with her ultra-frugal behaviour. She'll need to strike a balance between saving, without being a cheapskate. So, she'll have to "up" the amounts of money she allocates to social activities and gifts in her budget.

\$ MONEY

A surprise

Based on Yolanda's first cut at her monthly budget, she's got \$435 left over. If she can stick to her budget, Yolanda can definitely save more!

Income
\$2,400

Expenses:

- Rent \$750
- Savings \$50
- RRSP \$150
- TFSA \$250
- Insurance \$25
- Groceries \$200
- Transit \$120
- Cell phone \$30
- Restaurants, entertainment, gifts \$150
- Personal care \$75
- Pet care \$85
- Charity \$80

Total Expenses \$1,965

Surplus \$435

BEYONCÉ'S FORMATION

Beyoncé releases surprise track on Tidal

Another Beyoncé surprise project lit up social media and caused a frenzy of excitement a day before the superstar's Super Bowl performance. Beyoncé released Formation on Saturday as a free download

on her artist page for the streaming service, Tidal, which she co-owns with husband Jay Z, Rihanna and other artists. The song, along with a music video, was released as a gift to her fans and it can be downloaded without having a subscription to Tidal.

Formation is a gritty street anthem that, perhaps not coincidentally for Black History Month, has lyrics that express black pride with an exclamation point. One lyric: "I like my Negro nose with Jackson Five nostrils."

THE ASSOCIATED PRESS



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NBA MVP Stephen Curry banged the "Keep Pounding" drum on Sunday for the Panthers, the Golden State Warriors guard's favourite team

D for Denver domination

SUPER BOWL

Defence is the decider as Broncos stuff Carolina

Peyton Manning gave himself a chance to have Super ending to his career, and Von Miller and the Denver defence made the plays to secure the title for the Broncos.

Manning and Panthers quarterback Cam Newton were harassed all game Sunday, and the Broncos made enough big plays for the 24-10 victory, Manning's 200th and perhaps his last before retirement. He wasn't the star — game MVP Miller seemingly was everywhere on every Carolina play — but Manning really hasn't been the headliner in this injury-shortened season.

Emulating his Broncos boss, John Elway, the 39-year-old Manning can ride off with the Lombardi Trophy after leading Denver to its third NFL title, first since 1999 — when Elway was the quarterback.

"I'll take some time to reflect," Manning said when asked if Super Bowl 50 is the end. "I got a couple priorities first. I'm

SUNDAY In Santa Clara



going to go kiss my wife and my kids.... I'm going to drink a lot of Budweiser tonight. Take care of those things first."

Denver's suffocating defence kept Newton jittery all day. Despite wearing gold shoes before the golden Super Bowl, Newton couldn't finish off a dynamic season in which he was the league's MVP. Miller twice stripped him, once for a touchdown, the second time setting up a clinching TD. Denver's top-ranked defence, the one that ran roughshod over Tom Brady in the AFC championship, simply wouldn't let Newton get comfortable.

"It's every one of these guys who got me to this," Miller said.

Newton was sacked six times — receiver Ted Ginn Jr., went down once on an aborted trick play — and if Miller wasn't torturing him, DeMarcus Ware was. Ware had two of the seven sacks, the most ever by one team in the Super Bowl. THE ASSOCIATED PRESS



The Broncos' Vonn Miller strips the ball from Panthers quarterback Cam Newton in the second half of Super Bowl 50 on Sunday night in Santa Clara, Calif. CHARLIE RIEDEL/THE ASSOCIATED PRESS

Newton can't close deal on MVP season

Cam Newton's dream season ended with a nightmare performance.

Fresh off being named the league's MVP, the Panthers fifth-year quarterback was stymied by an aggressive Denver

Broncos defence in his first Super Bowl appearance.

The six-foot-five, 245-pound quarterback who scored 45 touchdowns during the regular season — and five more in the playoffs — failed to produce a

TD running or throwing for the first time this season.

Newton didn't get much help from his offensive line which allowed a Super Bowl record-tying seven sacks, or his wide receivers, who dropped

big passes at key times.

Newton spent much of the game under heavy duress as the Panthers were unable to handle the pressure of Von Miller and DeMarcus Ware.

THE ASSOCIATED PRESS

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Ellie Black wins 3 silvers

GYMNASTICS

Local gymnast placed in the beam, floor and vault events



Kristen Lipscombe
Metro | Halifax

It was the young gymnasts that surrounded her, not the medals around her neck, that perhaps best defined Ellie Black's success over the weekend at the 2016 Elite Canada Artistic Gymnastics Championships in Halifax.

Black, 20, snagged three silver medals in front of a hometown crowd Sunday, finishing

second in the senior women division on beam, floor and vault.

She also finished fourth on uneven bars, and claimed bronze in all-round Friday.

"Overall, I was pretty happy with the performances," Black said following medal presentations, as the four-day event at the Canada Games Centre wrapped up and a group of young girls waited patiently for the chance to get autographs and photos with the national gymnastics star.

"I did all four events, so it was a good opportunity from Day One to just go in and fix some things up," she said of the first major event of the season, which welcomed the top female and male novice, junior and senior gymnasts from across the country.

"I had a couple of mistakes



Ellie Black competes on the balance beam. JEFF HARPER/METRO

here and there," Black said, but "that's part of the process and getting back into competition."

Black took a tumble while on uneven bars, but said her knee seems to be fine.

She also didn't land her dismount on the beam,

typically her best event.

"That's the main thing, is just keeping healthy," she said. "Sometimes things like that happen."

Black, who trains out of Halifax Alta Gymnastics Club on Bayers Road, is battling for one of five spots on the Canadian contingent that will compete at the 2016 Summer Games in Rio de Janeiro, Brazil.

She has previously represented the red and white at London 2012 and several other international events.

On the men's senior side, Hugh Smith of Dartmouth won gold on floor and vault, also finishing second on rings, Saturday.

In total, there were about 20 local athletes competing.

"We had an awesome crowd," Black said.

MOOSEHEADS vs. ISLANDERS

Second-period breakdown costs Halifax 6-4 loss

The second period was the downfall Saturday night for the Halifax Mooseheads, who dropped a 6-4 decision to the Charlottetown Islanders in front of 8,070 fans at the Scotiabank Centre.

After an opening frame that saw the Isles and Moose twice trade goals, Charlottetown scored three straight in the second to pull away with a 5-2 lead, prompting Halifax coaches staff to replace Kevin Resop with Eric Brassard.

The mid-game swap helped the Herd get back on track, with forward Barrett Dachyshyn notching a shorthanded goal late to make it 5-3 after 40 minutes. The Maritime Division rivals both added singles in the

third, but it was the fourth-place Islanders to skate away with the win over the sixth-place Mooseheads.

"We played well in the first and third," Halifax native Dachyshyn said. "Second period, we ... let our foot off the pedal."

Islanders centreman Kielly Kameron was named first star for his goal and three assists, while teammate Jake Coughler received second star for adding two goals and a helper.

Mooseheads defenceman Jocktan Chainey was named third star for a goal and an assist. Alexis Vanier notched two and Filip Rydstrom added one for Charlottetown, while Arnaud Durand and Anthony Sorrentino also scored for Halifax.

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RECIPE Black Bean Soup



PHOTO: MAYA VISNTEI

Ceri Marsh & Laura Keogh
For Metro Canada

- Salt and pepper
- Garnish: cilantro, avocado, yogurt or sour cream, salsa

Directions

1. In a heavy bottomed, large pot, place olive oil, onion, garlic, cilantro stalks, carrots and celery and allow it all to soften slightly over medium heat, about 5 minutes. Add cumin and cook for another minute or two.
2. Add rinsed beans and stock. Reduce heat to low, allow soup to simmer, then cover for 30 to 40 minutes. Stir every 5 minutes or so, to be sure nothing is sticking to the bottom.
3. Take soup off the heat and allow to cool a bit. Use either a blender to purée in small batches, or use an immersion blender.
4. Serve with plain yogurt, sour cream, avocado, salsa and cilantro.

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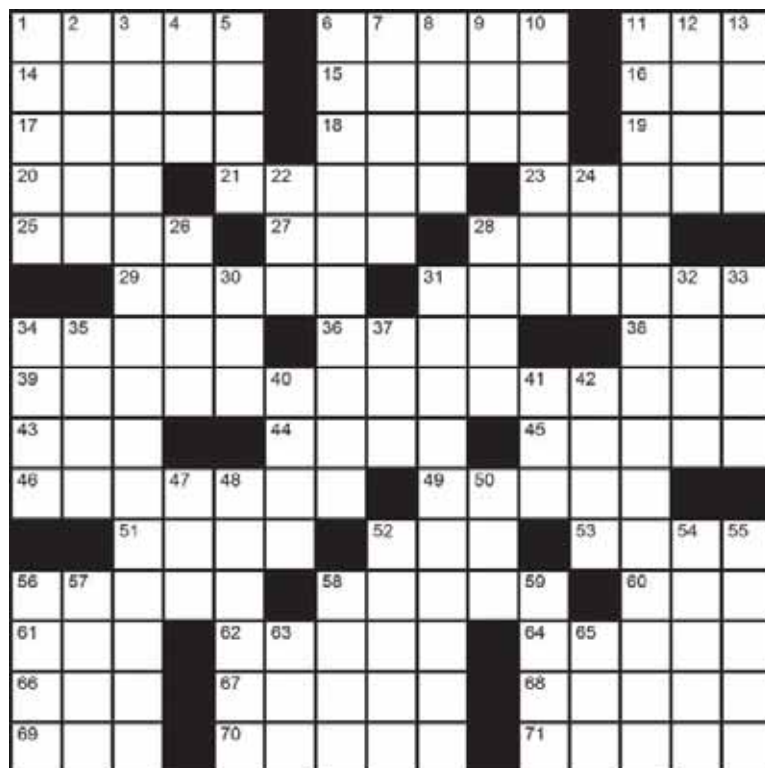
Ready inPrep time: 10 minutes
Total time: 45 minutes**Serves 6****Ingredients**

- 1 Tbsp olive oil
- 1 onion, chopped
- 3 cloves of garlic, minced
- 1 bunch cilantro, washed well, stems minced (keep leaves for garnish)
- 2 carrots, chopped small
- 2 stalks of celery, chopped
- 1 tsp ground cumin
- 2 x 19 oz can of black beans, rinsed
- 1 L low-sodium chicken stock

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

ACROSS

1. Fancy-hatted English racecourse
6. Retro-style eatery
11. Prof's helpers
14. Flat-bottomed vessels
15. Previously, in ye olden days
16. 'Ready In Time': New album/song-of-the-same-name by Canadian singer Matt
17. Sweden's money
18. Boast
19. Q. "Is the alphabet's 15th letter known —"? A. "Indeed."
20. "Cockroach!"
21. River of Germany
23. Shoelace tip
25. "Galveston" songwriter Jimmy
27. NB's ocean
28. Key — pie
29. Zing
31. Groups of five
34. ID card component
36. Particular woodwind
38. 'Terri' tail
39. Manitoba: Wildlife Management Area located 30 minutes north of Winnipeg where visitors can experience wetlands, habitats, trails and wildlife that includes about 300 species of birds: 3 wds.
43. Latin roe
44. Pull at
45. Sir Guinness, and others
46. News agency
49. Vancouver-born



- actress Ms. Okuma
51. Caesar's clothing
52. Figure skater Midori
53. Hullabaloo
56. "On the — hand..."
58. Songbook standard: "Me — Shadow"
60. Rapsallion

61. — expressionism (Art movement)
62. Put an — (Halt): 2 wds.
64. The Yokums family member
66. Road ride
67. Prefix meaning 'Lizard'
68. — cum laude

69. Initials-sharers of Johnny Carson's sidekick
70. Maintain a sheep's coat
71. Spirited in attitude

DOWN

1. Lopsided

2. Loose rock at a cliff's base
3. Food Network Canada chefs, at times: 2 wds.
4. Oprah Winfrey's TV network
5. Bygone sovereign
6. "SCTV" alum born in St. Catharines,

- ON: 2 wds.
7. " — to see the point?" (Why?)
8. 'Proper' word?
9. 'West' suffix
10. Keep back
11. They foretell the future: 2 wds.
12. Basilica part
13. Parking place
22. Occurrence, poetically
24. O Meridian letters
26. All two
28. Potato — Soup
30. Bygone bird
31. One might be used for accessing a butler's pantry: 2 wds.
32. — shaped, like a saucer
33. Learning insts.
34. " — Side of Town" by Johnny Rivers
35. Possess
37. Good: French
40. " — Breckinridge" (1970)
41. Egyptian — (Cat breed)
42. — Seltzer
47. Lake temperature tester
48. Go forth
50. — de guerre
52. 'I' of IV
54. Signs
55. Ocean mist
56. — and for all (Finally)
57. Calgary Flames
58. — (Together, in music)
59. Tuber types
63. "Nope."
65. Ewe's exclamation!

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Don't believe what others tell you just because they claim to be in the know. The world is full of people who don't understand even the basics of what they're talking about.

Taurus April 21 - May 21
Important people will do things for you today. If you want to move up in the world you'll soon get your chance. A new moon in the career area of your chart will make it easy for you to make a good impression.

Gemini May 22 - June 21
Working and earning a living are important but there are BIG questions that need to be answered, the type that can only be answered by looking within. Time to do some thinking.

Cancer June 22 - July 23
You cannot let go of a thought or an idea and it is driving you crazy. Today's new moon will help you find a way to apply it in the real world and, once done, it won't bother you again.

Leo July 24 - Aug. 23
Love is in the air today. Make an effort to be positive about a relationship and what happens later in the week won't hit you so hard. Think only good things about the people who mean most to you emotionally.

Virgo Aug. 24 - Sept. 23
Matters of the head and matters of the heart will clash today, so draw up a schedule that enables you to focus on one thing at a time. Try to tackle two or more things at the same time.

Libra Sept. 24 - Oct. 23
Today's new moon dares you to break out of the mental and emotional straitjacket you've made for yourself. The reason you haven't reached your goal is because you fear you don't have what it takes. But you do!

Scorpio Oct. 24 - Nov. 22
Some people you like and some you don't and it will always be that way. Don't feel you have to pretend that someone who rubs you up the wrong way is your friend.

Sagittarius Nov. 23 - Dec. 21
There are a lot of tall stories making the rounds and the only way to separate fact from fiction is to ignore what people tell you and follow your instincts. Your inner voice knows.

Capricorn Dec. 22 - Jan. 20
Don't worry about your money situation because there are more important things for you to think about. Best of all, today's new moon will help you find ways to earn more.

Aquarius Jan. 21 - Feb. 19
Today's new moon in your birth sign will give you a boost of confidence. Anything is possible for you now — yes anything — so aim as high as you can and then go higher still.

Pisces Feb. 20 - March 20
Why are you hesitating? It's not like you to think twice before rushing in but you want to know what lies ahead before making your move. This time you could be right, there may be danger around the corner.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



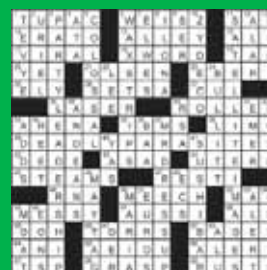
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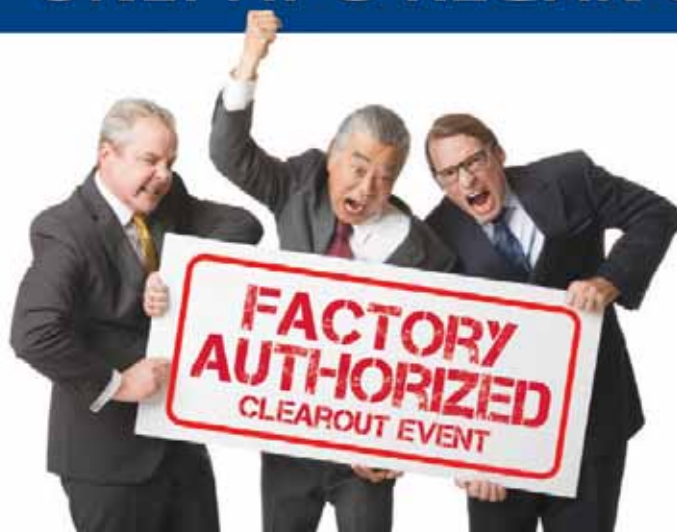
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